

**EAGLE'S WINGS ATHLETICS**

presents the

**Dallas T & T Cup  
2008**

*December 5-6, 2008*

**We will use new routines!!!**

- Hosted By: Eagle's Wings Athletics & EWA T&T Booster Club  
[www.EaglesWingsAthletics.com](http://www.EaglesWingsAthletics.com)  
972.727.9911 gym  
972.727.9970 fax
- Meet Director: Bret Stout [bret@eagleswingsathletics.com](mailto:bret@eagleswingsathletics.com)
- Meet Site: The Plano Centre  
2000 E. Spring Creek Parkway  
Plano, TX 75074
- Entry Fee: Levels 5 – Elite  
\$50 for the 1<sup>st</sup> Event, \$10 for each additional event.  
Levels 1 – 4  
\$30 for the 1<sup>st</sup> Event, \$5 for each additional event
- Checks payable to: Eagle's Wings Athletics  
104 N. Greenville Ave  
Allen, TX 75002
- Due Date: November 5, 2008  
Change Fee of \$10 per child after November 10, 2008  
Late Entries: \$10 /day late per athlete entry up to double after  
November 15, 2008  
No entries accepted after November 18, 2008  
No refunds after November 15, 2008
- Equipment: Provided by ROSS Athletic

Warm-ups: Gymnasts will get touches according to USAG guidelines. We will use the traditional 20 minute flights. Please have your gymnasts at the convention center 45-60 minutes prior to flight times. We will have athletes warming up in between competing athletes in order to keep the meet running on time or just maybe early.

Awards: Flight Awards will be awarded after each flight.  
Level 5-Elite Over all medals will be awarded to the top 10 in each age group.  
Awards: Flight Awards will be awarded after each flight.  
Level 1-4 Participants will receive a medal on each event. No over all awards will be given.

Level 9 - Elite: Level's 9, 10 and Elite will have a preliminary session on Friday Night. Flight awards and over all awards will be given Friday night for each age group. The top 10 in each level regardless of age group will advance to a special finals competition on Saturday.

Open Training: We will have an open training session for the 9-Elites on Friday followed by an open training session for levels 5-8 prior to Friday night competition.

Schedule: The schedule will be posted on our website after November 25, 2008

Admissions: \$7 for adults, \$3 for children

On Site T-Shirts: Fine Designs will be on site to make custom meet shirts

Leotards: GK will be available for leotard sales and questions

Host Hotel: SouthFork Hotel Rate: \$79.00 per night  
1600 N. Central Expwy  
Plano, TX 75074  
866.665.2680

# ***COACHES RECEPTION***

EWA will host a coaches receptions on Friday Night at the South Fork Hotel following the level 9 – Elite Challenge at the Plano Convention Centre.

Free Beer and Wine will be available along with finger foods.